



November 4, 2024



### Welcoming Kevin Moody

HR welcomes Kevin Moody, Emory University's new Senior Vice President and Chief Human Resources Officer who officially started in his role on November 1. An alumnus of Emory, Kevin has built a distinguished career, earning a bachelor's degree from Emory in psychology, a master's in organizational leadership from Brenau University, and an executive MBA from Emory's Goizueta Business School. His impressive leadership journey includes service as a captain in the Marine Corps and over 14 years at Emory in various roles, including Senior Director for Administration, before becoming Assistant Dean and Chief Human Resources Officer at Harvard Law School and later, Associate Dean for Human Resources, Facilities, Planning and Management at Stanford University's School of Medicine. Welcome Kevin!

Read more about Kevin in [this article](#) from Emory Report.



### Annual Enrollment is Open

Emory's annual benefits enrollment is open through **11:59 pm, November 11**. If you haven't already, take some time to review your current benefits and determine if you need to make any changes. This is also the time to set aside funds for your 2025 expenses in your Healthcare Flexible Spending Account (FSA), Dependent Day Care FSA, or Health Savings Account (HSA). Learn more about changes for 2025 and steps you need to enroll on the annual enrollment [webpage](#) or through the benefits [newsletter](#).



### Holiday Refresh from Stress Coming Soon

The holidays can be a joyful yet hectic time. That's why FSAP and Healthy Emory are excited to bring you Holiday Refresh From Stress—a simple and fun way to recharge and find balance during the season. Join us for weekly tips, quick activities, and stress-relief activities designed to help you stay calm, connected, and energized through the busy holiday season. Plus, when you participate, you can earn raffle entries for a chance to win one of our weekly prizes or our bonus prize!

More details will be announced later this month!



### Emory Veteran's Day Ceremony

Members of the Emory community are invited to gather on the Quadrangle on **Monday, November 11, at 11:00 am** for the annual Veterans Day Ceremony to honor those who have valiantly served in our nation's military. The keynote speech will be delivered by Vonetta Daniels O2C, president of the Emory Alumni Veterans Network and U.S. Air Force veteran.

Boxed lunches will be provided for registered attendees while supplies last following the ceremony. [Register](#).



### Celebrating 2024 Career Milestones!

Emory University is excited to celebrate 191 employees who are reaching 25, 30, 35, 40, 45, 50 and 55 years of service in 2024. These employees will be honored at a luncheon on Tuesday, November 19, and will be recognized by President Gregory L. Fenves and other university leaders.

You can [read about some of the staff who are being celebrated](#) or view the [full list of honored employees](#).



### Last Call to Earn Your Incentives and Rewards

Don't miss out on your chance to earn your incentives and rewards. As a part of your Emory University & Emory Healthcare benefits, you have access to well-being resources to keep your mind and body strong – at no cost to you. By completing the below activities, you can earn well-being incentives or Healthy Emory Rewards now through **November 15!**

- Complete the RealAge Health Assessment in Healthy Emory Connect (Sharecare).
- Complete the Fidelity [Financial Wellness Checkup](#).
- Complete your Annual Preventive Wellness Visit with your physician (Well-Adult or Well-Woman visits). Sign in to your Sharecare app or [healthyemory.sharecare.com](#) today and see all the ways you can still earn.

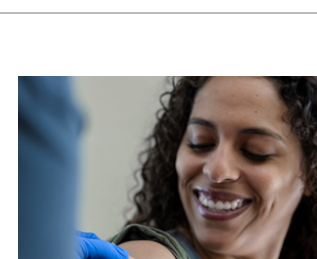


### Learning and Organizational Development (L&OD) is Accepting Applications for Upcoming Programs

Applications for the following L&OD programs are now available:

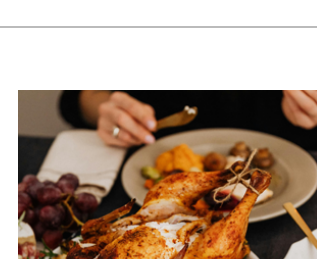
- [Essentials of Leadership](#)
- [Aspiring Leaders](#)
- [Administrative Professionals Program](#)
- [Mentor Emory](#)

The deadline for all applications is **today, Monday, November 4, 5:00 pm**. If you have any questions about the applications, email [neffertici.harwell@emory.edu](mailto:neffertici.harwell@emory.edu).



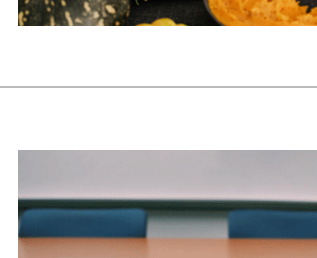
### Get Your Flu & COVID-19 Vaccinations

Getting the flu and COVID-19 vaccines (shots) is the best way to reduce your risk of getting sick and spreading it to others. Emory employees on an Emory medical plan can receive flu and COVID-19 vaccines at **no cost** at in-network locations or through participating pharmacies. [Learn more](#).



### Transform Your Thanksgiving Leftovers

Turn Thanksgiving leftovers into a tasty lunch! This [article](#) shares a quick and easy recipe for a Thanksgiving quesadilla, featuring turkey, cranberry sauce, stuffing, and melted cheese in a tortilla. It includes tips for the perfect blend of textures and flavors.



### Ready, Set, Goals!

Performance reviews may be over, but it is already time to start planning for the next cycle and it starts with setting goals. As a manager, help your staff create goals that are:

- **Specific:** Clear and specific goals are easier to achieve.
- **Measurable:** Goals that can be easily tracked allow you and your staff member to see progress and know when a goal is complete.
- **Actionable:** Clarify that the actions and steps needed to achieve the goal, are possible.
- **Realistic:** Avoid stress by ensuring that the goals set are realistic for the timeframe and resources available.
- **Time-bound:** Agreeing and communicating about timelines can help managers and employees stay motivated and inspired, while providing a target to work towards.

#### Resources

##### Bullseye System

Add goals to the Bullseye Performance Management System (this can be done either by the manager or the employee). This [short video](#) walks you through the process.

##### Brainier Learning Management System

Emory employees have access to several training courses related to achieving results and setting goals, including:

- How to Achieve SMART Goals (30 minutes)
- Managing Performance: Setting SMART Goals (15 minutes)
- Collaborative Goal Setting at a Distance (10 minutes)

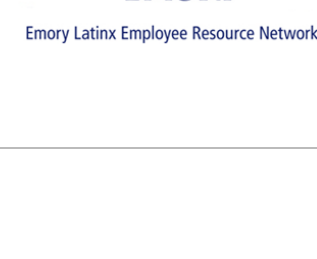
Brainier also has hundreds of free courses (find course catalog [here](#)) through content partner, **Open Sesame** (access through [Brainier](#)). Emory employees can develop different areas like communications, DEI, business skills, and wellness.

Visit the [Talent Management webpage](#) for more information and video tutorials. If you cannot find what you are looking for, submit a request for access to additional training content from Open Sesame at [talent.management@emory.edu](mailto:talent.management@emory.edu).



### Cafecito Series Presents Somos Emory: Leadership & Community

Join the Emory Latinx Employee Resource Network (eLERN) on **Wednesday, November 20** from 4:30pm to 6:00pm at R Randall Rollins, Room 200 for a conversation with guest speakers as they share their journeys to leadership, the challenges they've faced, and the wisdom they've gained. Virtual options available. Find more information on the [event flyer](#) and [register here](#).



### Sharecare Customer Satisfaction Survey

Last call to share your feedback and experiences with Sharecare, the platform behind Healthy Emory Connect. Open Sharecare and navigate to the bell icon to find the "Give us your feedback" notification. You'll be asked to rate your experience and can provide additional comments directly to the Sharecare team. They survey is open till **Tuesday, December 31**. All submissions will remain anonymous.

## Webinars, Workshops, and Training

Nov 14

### Emory Decatur Health Talks

9:45 am, virtual

Enjoy a Guilt-Free Thanksgiving, hosted by Brittany Jones, RD, LD, Bariatric Dietitian, where you'll discover new plant-based strategies for a healthier holiday season that you can apply throughout the year. Open to community members, patients, and employees. Find the Zoom link [here](#).



### Diversity Courses Offered from November to December

The Diversity and Inclusion Education and Outreach (DIEO) team is offering three different Diversity and Inclusion courses from November through December 2024:

1. **Introduction to Transgender Communities**, Tuesday, November 5, 2024, 10:00 am - 12:00 pm
2. **Cultural Appropriation & Appreciation**, Tuesday, November 12, 2024, 2:00 pm - 3:30 pm
3. **Navigating a Multigenerational Workplace**, Tuesday, November 19, 2024, 2:00 pm - 3:30 pm
4. **Addressing Microaggressions**, Tuesday, December 3, 2024, 10:00 am - 11:30 am

If you see that a training course you would like to attend is already full, please **JOIN THE WAITLIST!** Bonus sessions are often provided for popular courses. *Joining the waitlist ensures we know 1) when to offer an additional opportunity and 2) to send you an invite or update on any openings.*

You can learn more about each course by visiting the [online calendar](#).

To register, log into [PeopleSoft/Self-Service](#) and select the *Learning Management* tile, then, click on the *Learning Management-Brainier* tile and search for the course title.

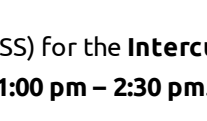
## News from Around Campus

• Join Emory College on **November 6 from 4:00 pm - 5:00 pm** for an informational session to discover Emory's [Pre-College Program](#), featuring summer sessions designed for both high school and college students. [Register](#). ECAS also offers a [six-week summer sessions](#) for non-degree seeking college students offers more than 100 credit courses. Financial aid scholarships are available and University employee courtesy scholarship benefits may apply.

• **Moms Talk Atlanta** is hosting an event on **November 8 from 8:00 am - 5:00 pm** at Miller-Ward Alumni House. Join expert moms and fellow parents to learn how to help your kids thrive. Use code EmoryVIP at checkout to receive the Emory promo price of \$99. [Register](#).

• Join the **Emory Microsoft Excel Boot Camp** to gain practical, in-depth Excel skills with a touch of humor. Designed for novice to intermediate users, this course covers essential tools for analytics, data management, and productivity. In-person and virtual class options are often provided for popular courses. *Joining the waitlist ensures we know 1) when to offer an additional opportunity and 2) to send you an invite or update on any openings.*

• Join Emory International Student and Scholar Services (ISSS) for the **Intercultural Communication and Leadership 3-part series**. The first session, Cultural Self Awareness is on **December 4 from 1:00 pm - 2:30 pm**. Learn more about program dates, details, and registration [here](#).



EMORY

EMORY UNIVERSITY HUMAN RESOURCES

ADDITIONAL LINKS AND RESOURCES  
Human Resources Website

Faculty Staff Assistance Program  
Benefits and Worklife Department

Healthy Emory  
Employee Discounts

Blomeyer Health Fitness Center  
Emory Alliance Credit Union

Emory News Center

SUBMIT A STORY TO NEWS YOU CAN USE

[View Previous NYCU Issues](#)